

The health screenings are a series of tests designed to complement the online assessment and delve into specific concerns identified during the health assessment.

[vc_custom_heading text="We have come up with a series of packages to fit different needs and different budgets" font_container="tag:h4|text_align:center" use_theme_fonts="yes"]

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[Vitamin D test](#)

[Homocysteine](#)

[Ferritin](#)

[Food intolerance test](#)

Vitamin D test

gives indication of mood imbalances, and when in normal levels it boosts immune system and supports a healthy musculoskeletal system

Homocysteine

Is a specific measure of intracellular vitamin B12 which gives indication of increased risk of osteoporosis, infertility, mental health problems, etc.

Ferritin

The level of iron in your blood is a key indicator of energy levels, possible inflammation, hormonal or thyroid disorders.

Food intolerance test

Detects possible intolerance to certain foods which could manifest themselves as low energy, inflammation in the digestive system or somewhere else in the body.

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[Bredesen Panel](#)

[NutraEval® FMV](#)

[CDSA gut test](#)

Bredesen Panel

Is the most comprehensive test that is looking at different markers of chronic illness.

NutraEval® FMV

The most comprehensive nutritional evaluation that identifies nutritional deficiencies which may be a causative factor in conditions such as depression, anxiety, cardiovascular disease, cardiometabolic syndrome, inflammatory conditions, and chronic pain syndromes.

CDSA gut test

This test helps pinpoint imbalances, provides clues about current symptoms, and warns of potential problems should imbalances progress.

[vc_custom_heading text="PERSONALISED PACKAGES"
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[Women's package](#)

[Senior's package](#)

[Healthy heart package](#)

Women's package

A comprehensive test specifically designed for your women workforce.

Senior's package

A series of tests specifically designed for your 45+ workforce.

Healthy heart package

CardioGenomicPlus™ Profile uses genomic testing to identify the risk of genetic susceptibility to cardiac related diseases and conditions, making it easy to prevent the development of such conditions.

To find out more details about the packages as well as pricing contact us today

[Get in touch](#)